



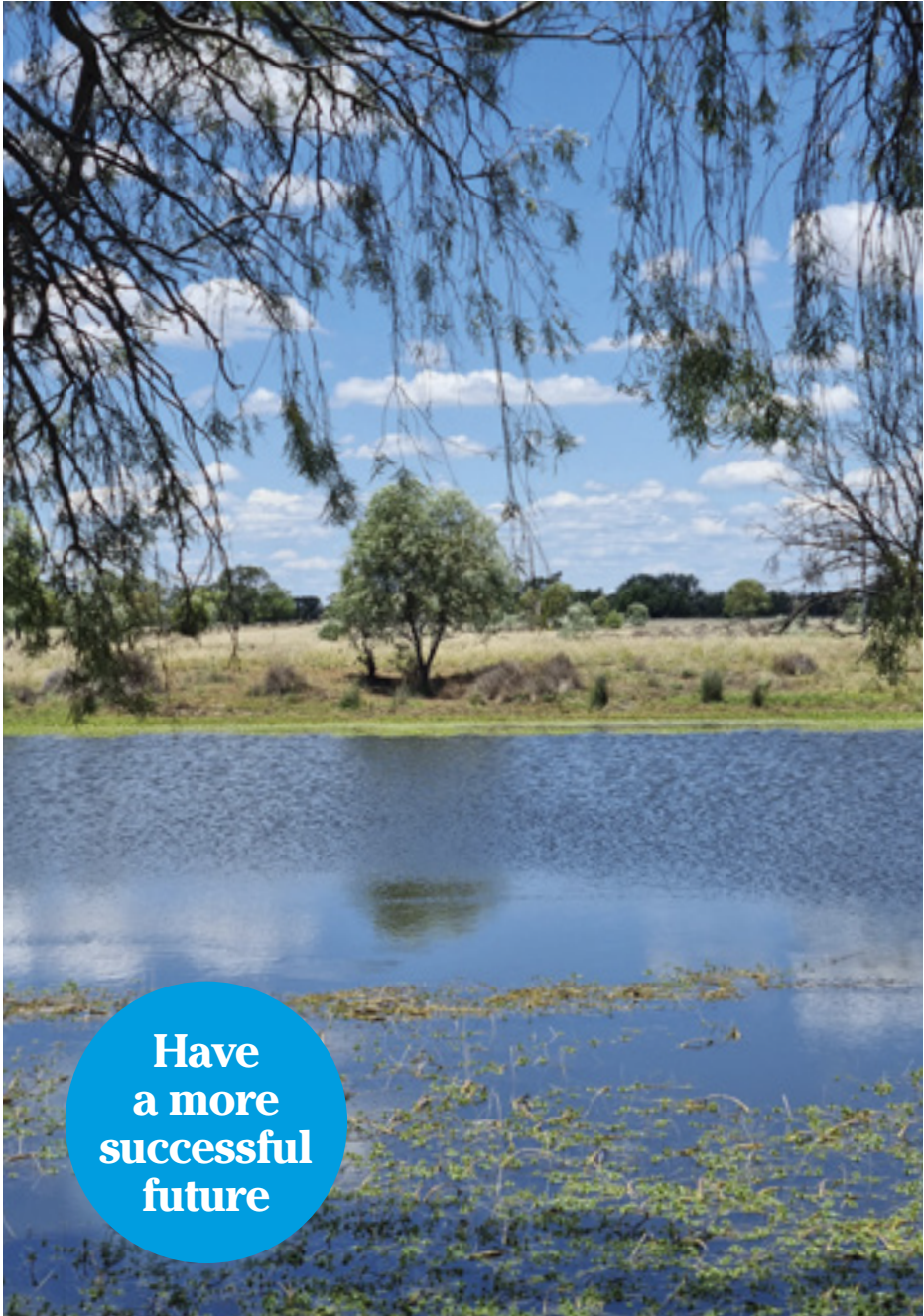
**Patrick Harris  
Horsemanship**

**Fast-track  
your  
success**

**The FastTrack  
Foundation  
Method™**

*Hypnosis*

**3-day course**



**Have  
a more  
successful  
future**

**Enrol now – and take your life to a whole new level of excellence**

The Fast Track Foundation Method™ seminars have been formulated for people just like you... to accelerate and improve your life, to achieve your goals in health, career, relationships and other areas of life – putting you first.

Behavior is important to quit smoking, to achieve weight loss, pain control, and fitness goals. And who is watching is important too.

## **The Perfect Life seminars will help you fast-track your success in all areas of life.**

The Perfect Life seminars are goal focused and results driven.

- What blocks and limitations are holding you back?
- Self-sabotage?
- Negative emotions?
- Unsure how to move forward?

## **Are you just watching your life go by?**

It's time you stopped living in the past! The past is the past. The future is where you are going. Enjoy the present and look forward to a successful future.

In just three days our Perfect Life seminar will give you the skills you need to get yourself back on track, and start living again.

Whether you're looking to achieve the perfect relationship, your ideal figure, or accelerate your career, we will give you the skills you require to succeed.

# The *Perfect Life* 3-day Seminar

## Achieve your highest goals

The secret to the Perfect Life is that it is a proven programme to assist in achieving opportunities that life has to offer, such as happiness, love, wealth and freedom. With the right tools you will be able to excel in your life, like never before.

The Perfect Life seminars enable you to pinpoint and remove everything that's blocking and sabotaging you in life. By releasing all this you will have clarity, peace of mind and happiness. Be the person you were meant to be!

Attending The Perfect Life enables you to:

# 1.

### **Easily move forward in life**

If you knew you couldn't fail, what would you do that you always wanted to achieve? The Perfect Life seminars allow you to let go of limiting decisions that have held you back, enabling you to grow and succeed.

# 2.

### **Dream big for the future**

Make your dreams come true, by specifically learning how to grow and create what's important. If you had the tools to achieve anything you want, what would you seek – emotionally, financially, mentally, spiritually?

# 3.

### **Grow, evolve, transform**

What in your life would you change, improve or make different. The Perfect Life seminars will give you the tools to make these changes easy and effortless, to bring about change in yourself and your life instantly.

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# What makes these programmes the *best*?

The Perfect Life seminars assist you to eliminate all limiting decisions, limiting beliefs and conflicting thoughts that prevent you from making the changes you need to make.

## What will you learn?

Valuable life skills you will learn include how to...

- Get back in touch with life
- Stop negative emotions that keep you from having what you want
- Let go of sadness, so that your joy for living can shine through
- Dissolve anger for the greater personal control and well being
- Eliminate the destructive power of guilt
- Move from fear into personal power
- Gain total emotional freedom for life
- Make the right decisions in your life
- Motivate yourself and get back your passion for living
- Learn a method of setting goals that really works
- Propel and launch yourself!

## Who will benefit from attending?

Everyone who wants more from their life can benefit from these courses, especially those that wish to improve on the resources they already have.

In addition to seminars for the general public, we also share these techniques with people in business. The seminars are especially relevant for those in the country, whether dealing with everyday rural life, such as family and business decisions, or dealing with adversity, such as droughts or floods.

# Modern Hypnosis Certification Training

Learn the latest techniques and earn your Certificate in Hypnosis during the weekend course offered by Patrick Harris Horsemanship.

Hypnosis is a scientifically verified and effective technique that can promote accelerated human change. The Fast Track weekend programme will teach you how to stimulate desired changes in behaviour and encourage mental and physical well-being.

During this weekend, you will learn how to use effective hypnosis techniques to guide yourself to lose weight, quit smoking, control pain, reduce stress or enhance performance.

These programs are suited to business people, health-care professionals, farmers, parents and coaches. They are especially suited to country people who have not previously had access to such courses, and individuals seeking to make a positive change in their lives.

Patrick Harris Horsemanship hypnosis course will teach you how to use hypnosis to create the changes you desire through a series of stimulating demonstrations and discussions, and interactive exercises. After just one weekend you will be using hypnosis confidently and efficiently.

You will receive your manual and an open-book test to complete at home. Once you've completed the open-book test, you'll be on your way to seeing clients.

And remember you'll have Patrick Harris Horsemanship' lifetime support available whenever you need it.

## Learn from the experts

Patrick Harris, a director of Patrick Harris Horsemanship, is an internationally recognised coach of Hypnosis having been certified by the American Board of Hypnosis, which offers a broad-spectrum hypnosis instruction program available anywhere in the world.



**Earn your  
Certificate  
in Hypnosis**

**Enrol now – and take your life to a whole new level of excellence**

# Learn the most *up-to-date* techniques

Patrick Harris Horsemanship is one of the few training companies with a mission to ensure that country people are catered for. A wide range of training courses are designed specifically for you. All training is customised for the participants.

Both beginners and professionals benefit from the hands-on training offered in the Fast Track Certification Course.

## Hypnosis techniques

Valuable skills you will learn include:

- How to use hypnosis to change unwanted habits
- How to change basic motivation into a powerful desire to change
- How to create effective directions to make permanent behavioural changes
- How to legally and ethically use hypnosis

Your programme includes

- Practical training
- More than just a theory and lecturing course – you will learn by doing, not just watching
- Pre-induction interviewing techniques
- Suggestibility Testing
- Hypnotic Inductions
- Therapeutic Suggestions
- Deepening Techniques
- Post-Hypnotic Suggestions
- Awakening techniques
- A workbook and sample advertising materials

# Why should you attend this *exciting* weekend training?

## Customised approach

OutBack Alternative Trainings personalise all our courses for the participants. We provide maximum results for attendees to be able to change their lives in the way that they want: personal, family, work, career, business, sporting or academic achievement. We do this by using a unique, yet easy-to-understand process that builds on positive results.

## Hands-on training

You will find this course quite different from traditional programmes as it provides intense hands-on training. There are no long case-history videos to watch.

Instead you will participate fully in this learning experience, with each step explained and demonstrated before you are then given the opportunity to learn by doing.

## Unique new approaches

There's something for everyone in this course. Beginning therapists will receive a solid foundation for using hypnosis. Veteran practitioners are sure to learn some surprising new approaches to hypnosis. Healthcare professionals will discover a new way to enhance their practice. And if you are a person who is just interested in hypnosis, you will learn how to convert positive thoughts into positive changes in your life.

## Ongoing support

Patrick Harris Horsemanship is always as close as the telephone, Skype, Facetime, email or Messenger. We are ready to answer your questions and support your needs. Our business is your success.

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## **Certification in Hypnosis**

At the end of the training you will receive a personal completion certificate from Patrick Harris Horsemanship, which you will need for certification.

This course also qualifies graduates for certification and registration by the American Board of Hypnotherapy (this is an international certification and a fee is applicable).

This program is only one of the many courses we offer which feature different applications for hypnosis skills, different types of hypnosis, and related fields such as NLP.

## **Lifetime support**

We provide lifetime support with any purchase of our products and for any training you take with us. If at any time before, during or after your course you have questions or need some help, we will be there for you.

## **Getting started**

You start straight away. As soon as you sign up, we send you your Hypnosis Introductory Kit. You're sure to find it stimulating and enlightening, and you'll begin to see just how the excellence of our seminars and courses can be applied to your life.

[So choose to take your life to the next level today, and experience a whole new level of excellence.](#)

# Two ways to change your life

## The Perfect Life Seminar

If you want to move forward in your life and achieve personal excellence, make the decision to attend this seminar.

- Create successful relationships
- Attract the right love relationship
- Change your financial future
- Define what you really want in your life
- Eliminate negative habits
- Stop procrastination
- Achieve business and career goals
- Accelerate healing
- Awaken your higher consciousness

**Have a more successful future, be inspired and motivated to achieve your goals now**

## Modern Hypnosis Certification Training

If you want to learn all the latest techniques and skills for modern hypnosis, make the decision to attend this seminar.

- Change unwanted habits such as smoking or over eating
- Transform basic desire into real change
- Hands-on training, not just theory
- Professional certification
- Free workbook and advertising materials
- Apply your skills directly to your career

**This training is invaluable for amateurs and professionals alike**



**Achieve  
your  
highest  
goals**

Call 0431 894 405 to experience the difference



Patrick Harris Horsemanship  
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